

Barneveld Lutheran Church



February 2023

We are called to be Christ's Light...in all things we are committed to seeking & following God's will.

Believe it! Live it! Come to it!

Join us this Lent, for Journey to the Cross.



February 22, 2023

Lent will kick off with an Ash Wednesday service on 2/22. Pizza Supper will be served from 5-6pm with worship immediately following. This is a special service where we will both remember our sin as well as God's grace through Holy Communion and ashes. Please let us know by 2/19 if you will be joining us for supper so we can get a good count for pizzas.

Ashes for the Homebound

Would you be willing to visit one or two of our homebound members to bring them communion and ashes? It's easy and no experience is necessary!

What a great way to be the church together!

Sunday Worship

Our Journey to the Cross will also include Sunday morning worship. Along the journey, we will meet people who have lost hope; people that have deep questions; people that have experienced deep loss; people that are isolated. People just like you and me. And along the journey, they will encounter Jesus and their lives will be forever changed. Throughout this 40 day journey of Lent, it is my pray that you will also encounter the living Jesus, and your life will be transformed.



Lent Reading Plan

Wanna take your faith up a notch? How about during Lent we read the gospel of Matthew together?

You can pick up a bookmark at church with the reading schedule for the 40 days of Lent.

It will take you right up to Easter!

Faith, like anything else, requires our intentional practice.

Rather than giving something up for Lent, how about adding a new spiritual practice?

Midweek Lenten Services

This Lenten season we will be journeying together to the cross. We will dig deep into the last 24 hours of Jesus' life. Starting out at the last supper, we will walk the road to Calvary with Jesus each week as he makes his way to the cross. Based on Adam Hamilton's book, "24 Hours that Changed the World," we hope to learn more about Jesus and grow our faith.

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#BeingBLC



We will also be holding Soup Suppers during Lent.

A sign up sheet will be coming soon.

It is a wonderful experience to be able to get to know each other better as we sit across the table and share a meal.

Soup Supper will be from 5-6pm with worship immediately following at 6pm.

Lent Mentors Needed

There is still a need for mentors for Confirmation kids during Lent. This is a simple commitment and helps serve as part of our own baptismal promise to help pass on the faith. Thank you to those who have already volunteered! All you need is to be a good listener, take a genuine interest in what is going on in their lives and spend a minimum of 15 minutes with your mentee following Wednesday Lenten worship.

Listen! Jesus is calling!

Pastor's Pen



February 2023

Dear Friends in Christ,

Over the years, it has always been important to me to be a member of some kind of gym. Whether it was the YMCA or a chain fitness gym, it has been important to me to exercise for my health. What I have learned over those years, is that just being a member of a gym does not help my health. In order to reap any benefits, I had to show up and get involved. Not to say there weren't long stretches where I didn't get there—couldn't get up early enough or felt I was too busy or, I guess, I just forgot about my value of my health. When I did consistently engage, many things happened. I made new friends. Learned new ways to be active. I had fun! My level of fitness grew.

There are different kinds of clubs that we all belong to: YMCA, country club, Ducks Unlimited, Homemakers, Gyms, PTO, Music Groups, Dairy Association, book club, Soccer Club, Girl Scouts....the list could go on and on.

Why do we belong to such things? What are our expectations in joining? Are we held to any expectations by joining?

What thoughts do you have when you think about being a member of this church? Why is it important? Is it important to your faith? Are you present? Are you engaged?

Certainly no one is required to pay a membership fee—the only requirement is to be baptized. But that does not mean there aren't expectations.

Promises are made in baptism—if you have forgotten them you can look them up in the Cranberry Hymnals p. 228 in the pew. Parents and Sponsors make promises and the congregation makes promises as

well. Not just for the moment or the day, but a commitment for life.

Ash Wednesday is right around the corner which means that the 40 days of Lent are almost here. Lent traditionally is a time where we reflect on our lives and our faith; a time that we are honest before God; a time that we remember Christ's journey to the cross. Many times people will vow to give something up for Lent. It might be coffee or soda or swearing. The thought is to experience the "fast" that Jesus went through during those 40 days of temptation.

But what might it look like if for this Lent, we try to add something to our lives that helps strengthen our faith? What if we were to add a new spiritual practice?

I have put together a reading plan for the season of Lent and I invite you to spend 5-10 minutes a day in scripture. Another idea might be to seek out someone who is homebound and plan on visiting them each week during Lent—who knows how that might bless you as well as the person you connect with. There is an opportunity to be mentors for the confirmation students which doesn't require anything of you other than a little time.

Another way you can show your engagement at BLC is to prayerfully consider joining one of the new ministry teams that we are in the process of forming. Our Council and I will be working on forming a Christian Education Team, a Youth & Family Team as well as a new Stewardship Ministry Team.

All that is needed is a heart for Jesus and a heart for this church! And a willingness to engage. We will figure out the rest together. You will be surprised by what will happen to your faith when you begin to engage!

Please join me this Lent as we engage in our faith together!

Pr. Rhia

Youth & Family News



Family Faith Nite

February 15th

All are welcome to join this informal worship service geared toward youth and family. We will sing some praise songs, hear about how much Jesus loves us and celebrate holy communion together!

There is a place for you!

5:30-6 Community Supper

6-6:40 Worship

6:40-7 Christian Education Debrief

We are needing parents or families who would be ushers on a rotational basis for this service. Pr. Rhia needs some help with lights, making sure confirmation students know when to take the offering and assist with communion when needed.

*******There will be a special meeting for all Confirmation parents immediately following worship to check in on their student's progress, answer any questions about faith projects and review requirements in order to be confirmed in May.**

Christian Education at BLC

K-4th grade

**Bridge
(5-6th grade)**

Confirmation

Wednesday

Nights

6-7pm

Thrivent Action Teams!

Are you a member of Thrivent Financial?

If you have IRA's, life insurance or any kind of product with them then YOU are eligible to receive at least 1, and maybe 2, action team grants of \$250 that can be used for community service! These grants have been used here at church for our Wednesday community suppers and the quilters to name a few! It costs you nothing and it is a great resource for our church. Please stop in and talk to Pastor Rhia if you can help or have questions!



Confirmation students will be heading out for some fun on Wednesday, February 8th! Students should arrive at the church by 5:45pm and ready to depart for bowling and pizza by 6pm. Parents can pick up their kids at church between 7:30 and 8pm.

Community Life



Barneveld Community Food Pantry

The Food Pantry needs volunteers to staff it each Wednesday

Hours to staff are:

1st Shift: 9:15 a.m. - 12:00 p.m.

2nd Shift: 1:00 a.m. - 3:30 p.m.

February 2023

February 1	9:15 a.m.—12:00 p.m. 1:00 p.m.—3:30 p.m.	Denise Hummel Peggy Jones
February 8	9:15 a.m.—12:00 p.m. 1:00 p.m.—3:30 p.m.	Barneveld U.C.C. Barneveld U.C.C.
February 15	9:15 a.m.—12:00 p.m. 1:00 p.m.—3:30 p.m.	Deb Piquette Sharon Thousand
February 22	9:15 a.m.—12:00 p.m. 1:00 p.m.—3:30 p.m.	Nancy Bilse Nancy Bilse

GAME DAY

Friday, February 17th, 2023

9:30 a.m. — 12:00 p.m.

Cards, dominoes and light lunch!

Light Lunch will be provided by:

Lucinda Ranney

Deb Piquette

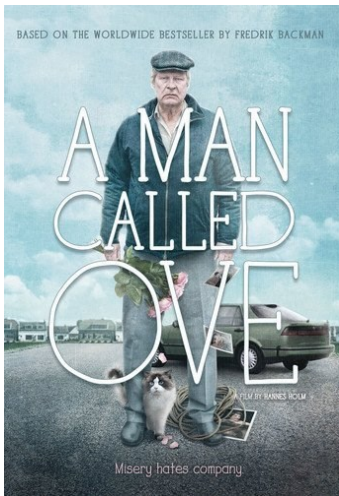
Dale Olson



If you love to have fun, laugh and learn new things, then come check out the **BLC Hand Bell Team!** Mondays at 6:30 pm, Check in with Julie Reese for more information!

A Man Named Ove

Faith In Action will hold a review of the book "A Man Named Ove," by Fredrik Backman. We will meet February 1st at the Barneveld Public Library, main floor at 6:30 pm to discuss the book. Please enter through the main entrance. Refreshments will be served and discussion will be lead by Earlene Laudin. This book will make you laugh out loud as well as cry so hard. Join the fun! Any questions contact Peggy Jones (608) 574-6703.



The Faith In Action Team plans to show the movie "A Man Called Otto" at our church on Sunday, February 26, at 1:00. The movie is based on the book we have been reading called "A Man Called Ove". We plan to serve light refreshments during the show. At this point, we believe the movie will be available for rental on that date. If something changes, we will notify you as soon as possible. No charge to come and enjoy this amazing story with us and everyone is welcome.

Free Blood Pressure Checks
2nd Sunday of every other
month after worship



Prayers Concerns

Congregation:

Tom Laudin
Kyle Thompson
Joann Rue
Marie Dimpfl
Barb Gentz
Randy Cox



Friends and Family:

Helene Stampf
Gina Cox
Liam Clinche
Linda Tucker
Pete Zenz
Kari Kahl
Terri Schlimgen
Carolyn Glover
Mike Owens

THANK YOU!

To all of those that assist with worship, Food Pantry, Christian Education, and Family Faith Nite. Thank you to those that help with funerals. Thank you to those who prepare the light lunch for Game Day. And to the many other contributions that support our church....

THANK YOU!

Remember:

Family Faith Nite

February 15th

Bring a friend! Come for supper!
Stay for worship!



Pastoral Care



Please contact the church office if you or a loved one would like to be placed on the prayer list or would like a pastoral visit. Contact

Pr. Rhia at 608-341- 5034
or through the church office.

Thank you!

Recipe of the Month from Ronda Bowe

Heart Healthy Creamy Corn Chowder

Ingredients

Cooking spray
1 Tbsp light tub margarine
1/2 cup chopped onion
1/2 cup diced celery
1 1/4 cups water
1 small baking potato, peeled, cut into 1/2 inch cubes (about 1 cup)
1 can no-salt-added creamed corn, undrained
1 1/2 cups frozen whole kernel corn
1-2 teaspoons sugar
1 teaspoon salt-free instant chicken bouillon
1/8 teaspoon salt
1/8 teaspoon pepper
1 cup fat-free half-and-half
1 Tbsp all-purpose flour
2 Tbsp minced parsley (fresh)



Directions

1. Lightly spray a medium sauce pan with cooking spray. Melt the margarine over medium heat, swirling to coat the bottom. Cook the onion and celery for 4 to 5 minutes, or until the onion is soft but not brown, stirring occasionally. Stir in the water, potato, both corns, sugar, bouillon, salt, and pepper. Increase the heat to medium high and bring to a boil. Reduce the heat and simmer, covered, for 20 minutes, or until the potato is just tender, stirring occasionally.

2. Pour the half-and-half into a small bowl. Add the flour, whisking to dissolve. Stir into the soup. Stir in the parsley. Simmer for 15 minutes or until the soup has thickened, stirring frequently.

* To thicken the soup even more, simmer for an additional 10 to 15 minutes. To thin the soup, stir in 1 or 2 Tbsp of fat-free half-and-half, or fat-free milk.

Health Tip

**From Ronda Bowe,
Health Ministry Liaison**

Health Tip

February is American Heart Month. Heart disease is the number one killer in the US claiming more lives than all cancers combined. Here are a few tips to get started on your path toward heart health:

***Be Active** ~ Physical activity is one of the best ways to fight off heart disease and other chronic conditions; 30 minutes a day is ideal.

***Maintain a Healthy Diet** ~ include a variety of fruits and vegetables, whole grains, low fat, dairy products, and lean protein. Avoid foods and beverages that are high in fat, sugar and sodium.

***Aim for a Healthy Weight** ~ carrying extra weight, especially in your midsection is hard on the heart and can increase risk for diabetes. Losing just 5%-10% of weight can make a big difference in your blood pressure and blood sugar.

***Avoid Commercial Tobacco** ~ Smoking increases your risk for heart, disease, heart attack, and other heart related complications.

***Limit Alcohol Use** ~ if you choose to drink alcohol, limit your intake. Alcohol can increase blood pressure

***Know Your Numbers** ~ check cholesterol and triglycerides levels regularly. Monitor blood pressure and get tested for diabetes. Staying informed will allow you to better manage your health and prevent certain health conditions from developing.

**Happy
Valentine's
Day**

Reminder:

Soup Supper every Wednesday during Lent
starting
March 1st, 2023

(All Are Welcome)
Worship following at 6:00 pm



Church News

HOLY WEEK and EASTER are coming!

We are looking for anyone willing to share their talents with special music during this holy time!



We don't need professionals! Just open hearts and love for Jesus!

You can sing, play an instrument, set up a duet or whatever creative idea you have!

It would be really great if we could have a few kids play the trumpet on Easter morning!



Contact the office or Pr. Rhia.



Maundy Thursday Living Last Supper

Plans are being made to have a Living Last Supper as our Maundy Thursday worship service.

I will need 12 disciples and 1 Jesus to fill these roles.

We will need some solid color robes made for the cast.

There is no memorization but each disciple will have a part they will read from the podium.

It is a very special service and I believe it blesses both the cast and the congregation.

Please prayerfully consider being part of this.

Quilters

**Come ENGAGE in the Joy and Community of
assembly & Tying of Mission Quilts
For Lutheran World Relief**

**We meet every Monday morning in February
and the 1st Monday in March**



Where and When?

BLC

from

8:30-11:30 am

**No experience needed
Come when you can
All Are Welcome!**

Electronic Newsletter

Last month's newsletter asked whether we should continue to print and mail the 200+ newsletters each month. So far, we have heard from 3 people that wish to keep their hardcopy newsletter. So starting next month (March) we will continue to print newsletters for those that have responded as well as all home-bound members (that we are aware of). The rest of the congregation will receive the newsletter electronically. As a reminder you can always access the newsletter through our website at <https://www.barneveldlutheranchurch.org/>.

BLC Sweatshirts for sale!

There are a limited number of dark blue hoodies and crew BLC sweatshirts
available for \$10.

Stop in and grab them before they're gone!

Stewardship

Giving of our time, our talents, our treasure



Free Blood Pressure Screening



As we continue our full court press, December was a great month as you see below. Let's continue to be diligent in our full court press into the new year. Thank you all for your continued support – David Baumgarten, VP Church Council

Giving Snapshot through December 2022

December Snapshot

Total Dec Revenue \$28,620.42

Total Dec Expense \$19,108.09

Dec Total: \$9,512.33

YTD Snapshot

YTD Revenue \$142,213.90

YTD Expenses \$199,529.29

YTD Deficit: (\$47,940.61)



Giving has never been easier! Scan this QR code with your smart phone and give a one time offering to support Barneveld Lutheran Church. You can also sign up for automatic giving. Every gift is important and greatly appreciated! If we could enroll 25 people into automatic giving who are able to give just \$25 a month, it would make a huge impact. Thank you for your generosity!

February Serving Calendar



	February 5	February 12	February 19	February 22 Ash Wednesday	February 26
Usher	Christine & Kevin Shea	Cheryl Watkins and Sharon Thousand	Amanda Worrall and Dianne Roelke		Karl & Jacob Sandry
Accompanist	Linda Seeley	Linda Seeley	Karen Erickson	Karen Erickson	Karen Erickson
Assisting Minister	Cindy Reeson	Ken Hummel	Earlene Laudin		Julie Reese
Altar Guild	Jo Ellen Uptegraw and Peggy Jones				

**Volunteers are always NEEDED - call the church office to sign up
608-924-8621**

February Church Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Food Pantry 9:30-3:30 No Class Leader Huddle	2	3 Pastor's Day Off Office Closed	4
5 9:00 am Worship Service	6 Quilters meet 8:30-11:30 am Hand Bells 6:30 pm	7	8 Food Pantry 9:30—3:30 Christian Education 6-7 pm (Confirmation Bowling)	9	10 Pastor's Day Off Office Closed	11
12 9:00 am Worship Service BP Check Hunter Rogers Baptism	13 Quilters meet 8:30-11:30 am Hand Bells 6:30 pm	14 Happy Valentine's Day	15 Food Pantry 9:30—3:30 Family Faith Night 5:30-7pm	16	17 Pastor's Day Off Office Closed Game Day	18
19 9:00 am Worship Service Council Meeting	20 Quilters Meet 8:30-11:30 am Hand Bells 6:30 pm	21	22 Food Pantry 9:30—3:30 No Christian Education (Ash Wednesday) Pizza and Worship	23	24 Pastor's Day Off Office Closed	25
26 9:00 am Worship Service Movie "A Man Called Otto" BLC at 1:00 pm	27 Quilters meet 8:30-11:30 am Hand Bells 6:30 pm	28				



On December 28, five BLC members headed to California to assist in decorating a float for the Rose Bowl Parade: Dawn Bauman, Peggy Jones, Joann Manteufel, Cindy Reeson and JoEllen Uptegraw. The float sponsor was Lutheran Hour Ministries. Two of the original group were not able to attend. Their departure was right in the thick of the problems with Southwest Airlines (which is the airline they flew on). That story is another adventure.

They joined many members of other congregations from across the country. There were also numerous groups of high school and college students assisting in the decorating process. They worked to complete several different floats for three days. Hours upon hours of work had been done prior to their arrival to design, build the shell of the floats and plan on flower/color coordination. At the end of each day, they found themselves exhausted yet exhilarated. After working on one of these floats, you will never look at this parade the same again. They watched the parade from the grandstands and found that their part in this event was so small. The number of volunteers involved in each Rose Bowl parade is staggering.

The ladies reported they were so proud of the finished product. The entire experience working with so many other Lutherans to make this tribute to Jesus a possibility was humbling and they were all just filled with the love of God. The ladies returned on January 3 filled with memories and plans of returning. These ladies will give a detailed presentation of their trip at the worship service on February 5.

Barneveld Lutheran Church
505 Swiss Lane
Barneveld, WI 53507

Non-Profit Organization
US Postage Paid
Barneveld, WI
Permit No. 4

ADDRESS SERVICE REQUESTED

Time Dated Material:

January 27, 2023



Barneveld Lutheran Church

Join us for Worship on Sundays at 9:00am

Office Phone: 608-924-8621

Tuesdays 9:00am - 4:00pm

Wednesdays 9:00am - 4:00pm

Thursdays 9:00am - 11:30pm

or as needed.

barneveldlutheran505@gmail.com

Pastor Rhia Strohm

Email: rstrohm61@gmail.com

Cell: 608-341-5034

BLC LIVE streams Sunday Worship Services at 9:00 am through our Facebook page. You can see the most recent service as well as weekday videos using this link (no account needed to view videos):

<https://www.facebook.com/BarneveldLutheranChurch/>